



## Kuranda Film Society

**Sunday Feb 5 at 4.00 pm  
at the Kuranda Recreation Centre, Fallon Road**

Bring a plate to share.

Subscriptions for 2012 is \$20 per year, commencing February,  
or \$5 for a one-day membership.

For more information ring Hans at 4093 8393

### Run Lola Run

A young woman has just twenty minutes to come up with the large sum of money that is needed to save her boyfriend from being killed by the mob. Twyker's chase thriller employs the formal narrative structure of presenting three variations on the outcome of Lola's mission with each slight spatio-temporal alteration in the chain of events shifting the subsequent possibilities that are open to her.



### Clubland

Life for shy 21 year old Tim Maitland (Khan Chittenden) is not always smooth sailing. His mum (Brenda Blethyn) is a cafeteria worker by day who hits the comedy club circuit at night, while his dad (Frankie J Holden) is busy trying to recapture his 15 minutes of fame from when he was a Country and Western singer back in 1975. But when the feisty, beautiful Jill (Emma Booth) walks into Tim's life, things seem to be looking up. Unfortunately, there's another woman in Tim's life, one who will stand between him and the perfect romance...his mother! The hit of the 2007 Sundance Film Festival, Clubland is a funny, touching and moving story that proves there are never only two people in a family love story.



# kuranda. envirocare inc.

*Caring for Kuranda's Environment*

*"by standing on the shoulders of those who've gone before"*

Nursery: 284 Myola Rd, Mon & Thu 9am-1pm, Sat 11-1pm, ph: 4093 8989 / 4093 8393

### Tropical Tree Planting Day success thanks to you

Trees just sprouted from the ground as **you special volunteers** from our community teamed up with our regular planters in grounding 500 seedlings within an hour, after which we all enjoyed a morning tea under the shade at Little Road Well, there's another 1700 to plant before June, so the race is on to get most of them in before the wet season ends.

If you can come along, even one weekend, we'd love to see you.

NB. A special thanks to the vollies who stayed back for vital watering-in duties and the terrain NRM field team for the hole digging and final site clearing. Good job. Much appreciated.

### Conservation Volunteers and Boral – pre Xmas planting

Another team of volunteers, 1200 mark at the end of the funded by Boral and organised week, having dug all their own by CVA spent the week before planting holes, fitting in seed Xmas planting out at our Wha collecting, pot washing and Hae Mobile Muster site. A big nursery weeding in their spare thanks to the nursery volunteers moments. Great team work and who developed a quick method special thanks to Margaret and to select trees for plant out. The Paul for the coordination and field team surely gained their Jessie for the CVA team "bronze medallion" in tree leadership! planting as they crossed the

### Nursery bursting out all over – Overstocked seedlings GIVEAWAY

Many thanks to all those who have been passing seeds in at the nursery. They are exactly what we need for our hardy revegetation seedling stock. With a great seeding season upon us after the cyclone damaged flowering and fruiting to mid last year, the nursery is brimming with healthy seedlings.

Some are going south to help Mission Beach restart their forest restoration efforts.

We have some overstocked species to give away: Cedar bay cherry (sweet eating, good for jam), Brown pine (gracious, slow growing, shade tolerant) and flourishing Kauri pines to fit in your garden beds or forest edge. We're happy to hear how your seedlings are doing.

Remember, seedlings are free to those planting in the Envirocare corridor, to nursery and planting volunteers and to our conscientious seed collectors.

**Box trailer for hire,**  
ring 4093 8393

Good selection of **garden sized  
rainforest shrubs available,**

**Reminder – Nursery now open  
10:30 till 1pm Saturdays,**

& Mon & Thurs 9 till 1pm, or ring  
4093 8393 for an appointment

### SATURDAY 7:30am FREE Fresh Air Aerobics session

Now for all you fitness fiends and those who need to lose a few Xmas kilos, forget those gym memberships this year. Come to our **FREE** fresh air U-tone and Tree kick sessions.

We start on site with **ab and bicep toning**- bend knees, lift and press 10kg (of tray containing 20 seedlings), walk with weight, arms by side (or out stretched for more effect) for 20m or less, place on ground; stretch out, swing and scoop a 2 kg weight (garden mattock) 5-10 times for ab toning (and a nice planting hole effect), for **waist reduction and upper leg toning**, drop to one knee or perform a sitting squat, stretch to either side with hands outstretched (and move soil in from each side to plant the seedling. Don't forget to remove the seedling pot!) and first one done. Repeat 20 times or less to complete the hour, get lungs full of fresh river air, a great workout and 20 or so seedlings towards kick-starting a forest. And that's how we start over a hectare of new forest in Kuranda corridors each year.

All welcome to try, program tailored to U, do it for yourself and the planet!

**This month's location** – the beautiful river above the Wha Hae crossing, off Myola Road.

Meet at the nursery, 284 Myola Road 7:30am, for an hour or so, then morning tea. Bring hat and bottle of water. Ring Margaret 4093 8393 for advice on exact location

*Give a gift that keeps growing through our local Grow Project*

[www.envirocare.org.au](http://www.envirocare.org.au)

[info@envirocare.org.au](mailto:info@envirocare.org.au)

# Kuranda Electrics

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